

## FIRST AID



**Stop** the burning process.

**Cool** running water for 20mins. This can be done up to 3 hours after injury.

**Never use ice or ointments.**

**Cover** the patient to keep them warm.

**Seek** help and refer if any referral criteria are met.

Remove any clothing and/or jewellery from injured area.

## VICTORIAN ADULT BURN SERVICE REFERRAL CRITERIA



Call VABS Registrar on 9076 2000.

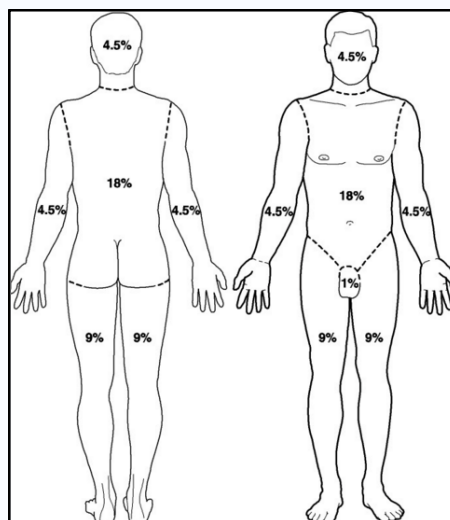
<b>Size</b>	>10% TBSA > 5% Full thickness
<b>Person</b>	Pre-existing illness Pregnancy Extremities of Age - Elderly
<b>Area</b>	Face/Hands/Feet/Perineum/Major Joints Circumferential (Limb or Chest) Inhalation injury
<b>Mechanism</b>	Chemical / Electrical Major Trauma Non-accidental injury (including suspected)

Burns take 48-72 hours to progress. An initial assessment, followed by a reassessment at 48-72 hours post-injury is crucial for accurate evaluation and appropriate treatment. Consider the above burn unit referral criteria when assessing.

## INITIAL MANAGEMENT

Depth	EPIDERMAL	SUPERFICIAL DERMAL	MID DERMAL	DEEP DERMAL	FULL THICKNESS
Colour	Red	Pale pink	Dark pink	Blotchy/cherry Red/white	White/brown/black/yellow/leathery
Blister	Not present	Present	Present	Present/not present	Not present
Capillary refill	Present/brisk	Present/brisk	Sluggish	Absent	Absent
Sensation	Present	Present	Present/not present	Diminished/absent	Absent
Healing	3-7 days	7-14 days	14-21 days	Requires surgery	Requires Surgery

## RULE OF NINES



Area	%
Head	
Right arm	
Left arm	
Anterior torso	
Back	
Right leg	
Left leg	
Genitalia	
<b>Total % TBSA</b>	

\* Do not include epidermal burn.

### DEPTH LEGEND

Superficial dermal	
Mid dermal	
Deep dermal	
Full thickness	

## TBSA % ASSESSMENT