

Folliculitis

- A common skin condition where hair follicles become inflamed and infected.
- Presents as multifocal red bumps, pustules or crusts.
- Usually a staphylococcus aureus.
- If poorly managed leads to scarring, hair loss and pain.

Prevention

- Remove hair in and around the area.
- Clean and remove scabs and debris to reduce bacterial load.
- Do not use excessive amounts of moisturiser.
- Keep wounds clean.
- Clean at least daily.

Management

- Client **compliance, good pain management** and effective **cleaning regimes**.
- Provision of effective analgesia prior to treatment.
- Optimal cleaning can occur in the shower, alternatively use a hygienic approach using clean equipment.
- Use an antibacterial based wash to clean. VABS uses T Triclosan
- Goals: reduce bacterial load, promote healing, prevent complications

Shaving

- Shave closely through and around the area with clipper or a razor, daily.

Debridement

- Can be very painful – client insight, commitment and compliance is required for successful management.
- Individual scabs should be diligently picked and removed
- Trimming of multiple hairs out of follicles may be required

Dressings

- Dressings may be required if protection is necessary

Deterioration of the area

- Inflammation, infection, pain
- Non healing wound

Contact GP for topical or oral antibiotics

Further concerns contact VABS for management plan review.

Contact Details
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Attention: Victorian Adult Burns Service, Nursing

